

FACTS

Cascade Gorge Hike

Day: Monday, August 2nd
Time: First group departure at 1:15 p.m.

Due to the size of our crowd, we'll be dividing into groups of about 20 each. Check the bulletin board at the AESC registration table in the Grand Ballroom Foyer for group assignments.

Meet in the main lobby of the hotel at least 5 minutes before your group's departure time. Shuttles will leave at approximately 30-minute intervals beginning at 1:15 p.m. You'll be transported to the beginning of the trail where you will meet your guide. When you finish, the shuttle will bring you back to the hotel.

The hike is a 1.8 mile round-trip journey on relatively flat terrain (700 ft. in elevation change). *Intermediate hiking ability is necessary for this 3-hour excursion.*

Suggestions . . .

- Wear comfortable, sturdy shoes! Sandals are *not* a good idea.
- Bottled water will be provided
- Bring a camera!

On this tour, you'll be led and entertained by a naturalist through a series of beautiful waterfalls alongside a deep, Allegheny Mountain gorge trail. Learn about regional and unusual flora and fauna in this semi-tropical environment, and the medicinal and edible properties of the many local plants.

